

FROSTBITE MAKE-UP TUTORIAL



FOR A MORE
IN DEPTH LOOK
AT THESE STEPS AND MORE
CHECK US OUT ON
YOUTUBE!

FXCRATE



FROM THE ARTIST:

I started creating when I was very young when my mother gave me a paint set and instead of painting on paper, I painted on my own face. It's important to remember that there is no right way or a wrong way to create a certain look. Just remember, keep learning!

- Kerry Russell



STEP 1: YOU LOOK A LITTLE PALE

1. You can begin the look with a very pale or white grease paint, such as the white clown base from the psycho clown crate. This will seem like the exposed skin is experiencing a lack of blood flow, similar to that of exposed skin in harsh winter condition
2. Make sure you get behind the ears and just under the your model's shirt line.

TIP: Keep one side of the sponge or applicator clean, as you can use the clean side to spread the makeup if you have applied too much

STEP 2: SUNKEN FEATURES

1. The bruise wheel colors will work well to develop mid and dark tones in this look. You can use your hand as a mixing palette to mix burgundy, purple, and black to create a dark and muted bruise tone.
2. Dab this mixture underneath and around the eye areas. Be sure to dab and pull down, to introduce the color to the area without disturbing the white.



STEP 3: CAREFUL AROUND THOSE EYES!

1. If you feel there is too much purple or burgundy, you can add some blue to the mixture. We are creating a sunken/irritated look by following the features on your subject's face. Go slow so that you are not pushing too hard near the eyes, and ensure that you will not blind your model.
2. Layering is key, and make sure you are working both eyes at the same time to keep a symmetrical look between them.

TURN OVER FOR MORE STEPS

STEP 4: TIME FOR SOME BRUISES

1. Now take some yellow and burgundy to mix for a bruised color, and use this to color the space between the upper eyelid and below the brow. Also, take this undercoat and put around the laugh lines and behind the nostrils. Be sure to dab into the crevasses, then twist your sponge or applicator to blend out. Twist the applicator to ensure these marks are not uniform at all.

2. Next take some dark tones and layer onto select areas of the subject's face. We chose the left temple primarily to create a dark bruised area, and imply a soft spot on the head. Use burgundy mixed with a little black.



STEP 5: MIXING

1. Make sure you use two different cups with a 1:1 ratio when mixing A and B. Please refer to the included manufacturer's instructions or our video tutorial for a more in depth explanation of mixing your silicone.

STEP 6: PIGMENTS

1. Always mix in cup B, and to be careful with sharp edges of your applicator when touching skin. Take your stick and stick its tip into the blue color, as we will only need a small amount for mixing. If you feel you have added too little color you can add a little more. Please refer to the included manufacturer's instructions or our video tutorial for a more in depth explanation of using pigments in your silicone.



STEP 7: SILICONE APPLICATION!

1. Now use the clean and roundest end of your Popsicle stick to smear onto the skin. Smear as though it is dripping down the face. Think about which areas of the face would be most affected by harsh weather conditions (Raised areas).

2. When done with this, once again fill cups A and B and color with white pigment only repeating the previous steps. Smear onto blue silicone areas as if working with cake frosting. Leave some blue areas exposed. You can now add texture by tapping and pressing your stick into some areas of the silicone before it completely dries.

FINISHING LOOK TIPS!

1. If you have it on hand, you can use any type of cooking salt to press onto the white silicone and give an icy crystallized look to the solution. Push onto silicon with fingers and the mixture will grab onto the salt.

2. You can also add fake snow from your local dollar store to give a more complete look.

